

Healthy living has its rewards



Eligible Medical Reimbursement Account Expenses Reference List*

*note: this is only a partial list for your easy reference

Medical Reimbursement Account Plan Eligible Expenses List

- Acupuncture - if it is to treat a medical condition.
- Air Purifier - only if prescribed by a physician to treat a specific medical condition such as a severe allergy.
- Alcoholism - amount paid for inpatient treatment, including meals and lodging, at a therapeutic center for alcohol addiction.
- Ambulance
- Artificial limbs
- Artificial teeth
- Automobile modifications for physically handicapped person
- Birth control pills - if available only by physician's prescription
- Blood pressure monitoring devices
- Braille books and magazines - only amount paid by visually impaired person, above the cost of regular printed material.
- Chiropractors' fees - if for treatment of a specific medical condition.
- Christian Science practitioners' fees - if payments are for medical care.
- Coinsurance
- Contraceptive prescriptions
- Co-payments
- Crutches
- Deductibles
- Dentists' fees (for treatment other than cosmetic services)
- Dentures
- Denture Adhesive
- Diabetic supplies
- Diagnostic services
- Ear plugs - if prescribe by a physician for a specific medical condition.
- Eye exams, eyeglasses, and related equipment and materials
- Fees associated with organ donations
- Fees for the computer storage of medical records
- Fertility treatments - if the treatment impacts the participant or a dependent of the participant. Includes shots, treatment, and surgery.
- Flu shots
- Fluoridation device - amount should be limited to cost allocable to current plan year.
- Guide dog or other animal aide - amount paid for purchase, training, and care of animals used by a vision impaired or hearing impaired person.
- Gynecologists' fees
- Health insurance deductibles (which are associated with specific costs)
- Hearing aids/batteries
- Hearing trained cat
- Hospital services
- Hypnosis for medical reasons
- Immunizations/vaccinations
- Incontinence supplies
- Insulin
- Laboratory fees
- Language training for child with dyslexia or disabled child

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- Laser eye surgery
- Lead based paint removal - for the cost of removing lead-based paints from surfaces in the home to prevent a child who has or has had lead poisoning from eating the paint. These services must be in poor repair and with the child's reach. The cost of repainting is not a medical expense.
- Learning disability - amount paid to special school or specially-trained teacher, which is prescribed by physician, for a child who has severe learning disabilities caused by mental or physical impairments
- Legal fees associated with the commitment of a mentally ill person
- Medical conference admission and transportation to/from
- Medical monitoring and testing devices (e.g., blood pressure monitor, syringes, glucose kit, etc.)
- Medical services
- Medicines - if amounts are paid for physician-prescribed medicines and drugs.
- Mileage related specifically to an eligible medical visit
- Nicotine Gum or patches for stop-smoking purposes
- Norplant insertion or removal
- Nursing services
- Obstetrical fees
- Occlusal guards to prevent teeth grinding
- Orthodontics
- Orthopedic shoes
- Osteopath
- Ovulation monitor
- Oxygen - amount paid for oxygen and equipment for breathing problems caused by a medical condition.
- Physical exams - but not employment-related physicals
- Physical therapists' fees
- Prescription drugs
- Prescription eyeglasses and/or contact lenses
- Psychiatrists' fees
- Psychologists' fees
- Psychotherapists' fees
- Radial keratotomy
- Routine physicals
- Seeing-eye dog (purchase, training & care)
- Skilled nurses' fees
- Smoking cessation treatments and prescriptions
- Speech therapists' fees
- Sterilization fees
- Sunglasses - if they are prescription sunglasses
- Take home screening kits for colon cancer, hepatitis C and HIV
- Telephone for hearing impaired
- Therapy - amounts paid for therapy received as medical expenses may be deductible.
- Transplants - amounts paid for surgical, hospital, laboratory, and transportation expenses for organ donor.
- Treatment for substance addiction
- Transportation expenses - if for medical reasons and is reimbursed at 16.5 cents per mile.
- Vaccines
- Vasectomy
- Wheelchair
- X-ray fees - amounts paid for X-rays received for medical reasons.

Medical Reimbursement Account Plan Eligible Expenses Requiring Doctor's Diagnosis and Prescription

- Over-the-counter products other than insulin

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Medical Reimbursement Account ineligible expenses

- Cosmetics
- Cosmetic Surgery
- Dancing Lessons
- Ear piercing
- Electrolysis
- Exercise Equipment or Programs
- Face Lifts
- Fitness/Weight Loss programs and drugs – Clarification Quantified
- Funeral expenses
- Hair Removal
- Hair Transplant
- Herbs and Herbal Treatments
- Illegal operations and treatments
- Marijuana or other controlled substances
- Massage Therapy to relieve stress or depression
- Maternity clothes
- Rogaine
- Teeth Whitening
- Varicose Vein/Spider Vein Treatments • Vitamins
- Weight-Loss Programs and/or Drugs